

ESTIO JASPER

FOOD MENU

SALADS BOWLS

HAVANA \$12.95

Romaine lettuce, Organic Cherry Tomatoes, Red Onions, Organic Black Beans. Serve with house made Cuban Herbs & Spices Vinaigrette & Fresh Avocado.

CHICKPEAS TAHINI \$9.95

Romaine lettuce, Organic Cherry Tomatoes, Red Onions, Cucumber, Roasted Chickpeas. Serve with House made Tahini Dressing.

SANDWICHES

Add a salad: Cubana \$7 | Chickpeas Tahini \$5

CUBANO \$14.95

Roasted Pork, Ham, Pickles, Swiss Cheese, Mustard.

EGG SALAD TOAST \$8.95

Toasted Sourdough, Tomatoes, Egg Salad serve on a bed of Romaine Lettuce.

THE T&C'S DOG \$8.95

Grilled Butterflied Sausage, Hoagie Roll, Ketchup, Mustard & Mayo.

ESTIO TURKEY CLUB \$13.95

Ciabatta, Roasted Turkey, Red Onions, Roma Tomatoes, Garlic Aioli, Organic Greens.

HUMMUS SPREAD \$11.95

Vegan Ciabatta, House Chickpeas Zesty Hummus, Vegan Mayo, Baby Arugula & Roasted Veggies: Zucchini, Roma tomatoes, Green Bell Peppers.

Sub Gluten Free Bun \$2

PRICES DOES NOT INCLUDE GST

LET US KNOW OF ANY ALLERGIES!!!

GROUP 6+ WILL BE ADDED 18% GRATUITY

ESTIO JASPER

DRINKS MENU

COFFEE & HOT DRINKS

SUB OATS MILK \$1

- Latte \$ 5.00
- Caramel Latte \$ 5.50
- Cappuccino \$ 5.00
- Mocca \$ 5.50
- Americano \$ 3.00
- Chai Latte \$ 5.50
- Tea \$ 3.00
- Hot chocolate \$ 3.00
- Ice Coffee \$ 5.50

BOTTLE BEER

RED STRIPE \$8

Jamaican lager | 330ml

CORONA \$8

Mexican Lager | 330ml

ASK SERVER FOR OPTIONS

SMOOTHIES

RASBERRY

Raspberry, coconut milk, yogurt, honey. \$9.00

BLUEBERRY

Blueberry, almond milk, banana, yogurt, flaxseeds, cinnamon. \$9.00

MELON AVOCADO

Cantaloupe, cucumber, coconut water, avocado, honey. \$9.00

CHOCOLATE PROTAIN

Yogurt, peanut butter, protein powder, cocoa powder, banana. \$9.00

DRAFT BEER

BUBBLE STASH IPA (6.2%) \$9

Tropical dankness | 16oz
Cryo Hops™

FRESH JUICES \$9

- WATERMELON
- CARROT | BEET & GINGER
- CUCUMBER | MINT | LIME | GINGER & HONEY

ICE CREAM & DESSERT

JAMAICAN PATTIES

IT'S A SAVOURY BAKED PASTRY CLASSICALLY JAMAICAN IN FLAVOUR. IT IS A FAMILY-FRIENDLY TREAT.

- 1 JAMAICAN PATTY \$6
- 2 JAMAICAN PATTIES \$10
- 6 JAMAICAN PATTIES \$30

HARD ICE CREAM

- JUNIOR'S SCOOP \$4
- SINGLE SCOOP \$6
- DOUBLE SCOOP \$9
- TRIPLE SCOOP \$12

LEVEL UP TOPPINGS \$1

- BISCOF
- CHOCOLATE CHIPS
- OREO
- COCONUT FLAKES
- SMARTIES
- SPRINKLES

- D & G SODAS \$5
- TING \$5
- OLD JAMAICAN GINGER BEER \$7

- MILKSHAKES \$9
- BANANA SPLIT \$12
- COCONUT CHEESECAKE \$8

DROP SOME SAUCE

- CARAMEL \$1
- NUTELLA \$2
- STRAWBERRY \$1
- BLUEBERRY \$1
- CHOCOLATE \$1
- DULCE DE LECHE \$2