



SWEETS & KIDS PLATES

OLD FASHION BUTTERMILK PANCAKES (v) , bourbon cream sauce, maple glazed fruit	16
FRENCH TOAST (v) , cinnamon brioche, apple & cranberry compote, whipped cream	16
FRUIT & MOUNTAIN GRANOLA (v) , lodge-made granola, maple glazed fruit, greek yogurt	14
KIDS PANCAKES (v) , maple glazed fruit, whipped cream	10
KIDS BREAKFAST PLATE , one scrambled egg, crispy bacon, potato & white toast	12
KIDS EGG OMELET (v) , white cheddar, lodge potatoes, fresh fruit add crisp bacon 5.00	12

MAINS

AVOCADO TOAST (v) , avocado, crispy garbanzo beans, radish, scallion, lemon, sourdough toast, lodge potatoes add two eggs any style 5.50	19
THREE EGG OMELET (v) , organic peppers, mushrooms, onion, deepwater baby kale, white cheddar, lodge potatoes, house made salsa add crisp bacon 5.00 or bison blueberry sausage 6.00	18
MIXED GRILL , two free run eggs any style, smoked bacon, bison blueberry sausage, lodge potatoes, fruit, choice of toast	21
CRMR GAME HASH (gf) , seared game meats, roasted potatoes, broxburn peppers & deepwater swiss chard, poached eggs, bison glaze	23
SMOKED TROUT BAGEL LOX , smoked steelhead trout, citrus cream cheese, capers, red onions, fresh dill, lodge potatoes	18
BREAKFAST TACOS (v/gf) , avocado, scrambled eggs, sautéed peppers, roasted tomato salsa, lodge potatoes	18

EGGS BENEDICT

SMOKED STEELHEAD TROUT BENNY , poached free run eggs, smoked steelhead trout, english muffin, hollandaise sauce, baby kale, lodge potatoes	21
CANADIAN BACK BACON BENNY , poached free run eggs, back bacon, english muffin, hollandaise sauce, lodge potatoes	21
AVOCADO BENNY (v) , poached free run eggs, grilled avocado, cherry tomato, hollandaise, lodge potatoes	20

DRINKS

organic tea selection	4.00
brewed organic coffee	4.00
café espresso	4.50
café cappuccino	5.50
café latte	5.50
milk or chocolate milk	4.75
cranberry, apple or orange juice	3.75
POG juice(passion/orange/guava)	4.00

SIDES

two eggs, any style	5.50
lodge potatoes	5.00
bison blueberry sausage	6.00
crisp bacon	5.00
greek yogurt	4.50
sliced fruit plate	5.75
toasted sourdough, assorted preserves & house churned butter	7.00

We are proud to feature our in-house still & sparkling water. Unlimited \$1 per guest.
An 18% gratuity will be added to parties of six or more.
Please refer to the back of the menu for information regarding common allergens.

v - vegetarian
gf - gluten free



MODERN INTERPRETATIONS of dishes that have shaped our Rocky Mountain Cuisine

PROW CAESAR SALAD	15
baby gem romaine, parmesan, lemon garlic croutons, white anchovy dressing	
add chicken breast - 7 add prawns - 7	
BC ENDIVE SALAD (v/gf)	16
fairwinds farm goat cheese, grilled pear, candied nuts, dill, white balsamic vinaigrette	
PESTO GRILLED CHICKEN SANDWICH	19
broxburn beefsteak tomato, baby kale, red onion, hazelnut pesto, ciabatta bun, french fries or organic greens	
DEER CARPACCIO (gf)	21
juniper berry, pickled wild mushrooms, grana padano, horseradish, potato gaufrettes, grape must reduction	
KABOCHA SQUASH & LENTIL STEW (vg/gf)	14 small / 23 large
kale, zucchini, carrot, turmeric root, tomato, cilantro, yucca, fresh arugula, pumpkin seeds	

CULT CLASSICS that pay homage to some of our favourites as they were originally presented

GRILLED HALLOUMI SANDWICH (v)	18
roasted eggplant, peppers, onion, sumac mayo, arugula, apple, uprising focaccia, french fries or organic greens	
ALBERTA BISON & BEEF CHEESEBURGER	24
smoked gouda, braised bison brisket, shredded lettuce, charred chili mayo, french fries or organic greens	
CANADIAN RYE WHISKEY BBQ PORK RIBS	1/2 rack 24
organic lettuce, rye saskatoon berry bbq sauce, grilled fennel maple compote, corn bread	
FRESH MADE LEMON CONCHIGLIETTE	28
prawns, scallops, bison chorizo sausage, sweet bell peppers, snap peas, chevre cream sauce, parmesan, fresh basil	
gluten free pasta option - 2	

SHAREABLES for après adventure

MARINATED OLIVES (vg/gf)	9
orange & lemon zest, rosemary, thyme, garlic marinated warm olives	
BLISTERED LOCAL SHISHITO PEPPERS (vg/gf)	12
cucumber & dill dip	
CRISPY ARTICHOKE HEARTS (v)	13
citrus aioli, honey, lemon	
SLOW BRAISED BISON POUTINE (gf)	18
braised bison brisket, hand cut frites, bison gravy, cheese curd, rosemary salt	
ROCKY MOUNTAIN CHARCUTERIE	4 item 24 / 7 item 42
selection of locally produced cured meats & cheeses, mustard melons, house made pickled vegetables, uprising bakery rye bread	

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MODERN INTERPRETATIONS of dishes that have shaped our Rocky Mountain Cuisine

GRILLED BROXBURN VEGETABLES (vg/gf) small batch rye maple glaze, nut dust, deepwater farm kale, crispy garlic	14
PROW CAESAR SALAD baby gem romaine, parmesan, lemon garlic croutons, white anchovy dressing add chicken breast - 7 add prawns - 7	15
BC ENDIVE SALAD (v/gf) fairwinds farm goat cheese, grilled pear, candied nuts, dill, white balsamic vinaigrette	16
STEAMED BC MANILA CLAMS (gf) white wine, spiced tomato broth, bison chorizo	21
DEER CARPACCIO (gf) juniper berry, pickled wild mushrooms, grana padano, horseradish, potato gaufrettes, grape must reduction	21
SMOKED ELK TARTARE (gf) caper, shallot, gherkins, mustard seed, herbs, quail egg, potato chip	23
KABOCHA SQUASH & LENTIL STEW (vg/gf) kale, zucchini, carrot, turmeric root, tomato, cilantro, yucca, fresh arugula, pumpkin seeds	14 small / 23 large
GRILLED BC STEELHEAD TROUT (gf) cedar plank grilled trout filet, wilted deepwater swiss chard, braised garbanzo beans & tomato compote, smoked tomato oil	35
BAY SCALLOPS & BROEK FARMS BERKSHIRE PORK BELLY seared scallops, crispy fried pork belly, potato pave, smoked carrot cream, rosehip compote	38
CANADIAN ELK STRIPLOIN 8OZ	58
ALBERTA BISON RIBEYE 12OZ	62
AAA 28 DAY DRY AGED RIB STEAK 18OZ FOR 2	89
all of the above are accompanied with hand cut kennebec frites, charred chili aioli, grilled broxburn vegetables, pinot noir veal glaze	

CULT CLASSICS that pay homage to some of our favourites as they were originally presented

ALBERTA BISON & BEEF CHEESEBURGER smoked gouda, braised bison brisket, shredded lettuce, charred chili mayo, french fries	24
FRESH MADE BLACK PEPPER LINGUINI chicken, spinach, tomato, white wine, nutmeg cream, toasted sesame gluten free pasta option - 2	27
FRESH MADE LEMON CONCHIGLIETTE prawns, scallops, bison chorizo sausage, sweet bell peppers, snap peas, chevre cream sauce, parmesan, fresh basil gluten free pasta option - 2	28
CANADIAN RYE WHISKEY BBQ PORK RIBS organic lettuce, rye saskatoon berry bbq sauce, grilled fennel maple compote, corn bread	34
CRISPY FREE RUN QUARTER CHICKEN (gf) chili, garlic & marsala marinated free run chicken, wilted kale, new potato & pancetta salad	36

SHAREABLES for après adventure

MARINATED OLIVES (vg/gf) orange & lemon zest, rosemary, thyme, garlic marinated warm olives	9
BLISTERED LOCAL SHISHITO PEPPERS (vg/gf) cucumber & dill dip	12
CRISPY ARTICHOKE HEARTS (v) citrus aioli, honey, lemon	13
SLOW BRAISED BISON POUTINE (gf) braised bison brisket, hand cut frites, bison gravy, cheese curd, rosemary salt	18
ROCKY MOUNTAIN CHARCUTERIE selection of locally produced cured meats & cheeses, mustard melons, house made pickled vegetables, uprising bakery rye bread	4 item 24 / 7 item 42

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DESSERT MENU

HORCHATA CRÈME BRÛLÉE Mexican vanilla bean, cinnamon, chili lime biscotti	13
VANILLA CHEESECAKE raspberry swirl, white chocolate crumble, GNU gin macerated raspberries	13
MOLTEN CHOCOLATE CAKE spiced orange marmalade, maple nuggets, chantilly cream	13
WARM GINGERBREAD CAKE Canadian whisky caramel, vanilla gelato	13
LEMON RICE PUDDING Saskatoon berry compote, compressed honeycomb	13
ICE CREAM & SORBET please inquire about today's selection	12

DESSERT DRINKS

AFFOGATO double espresso, served over vanilla ice cream	5
SHAFT AFFOGATO 1.5oz. infused espresso vanilla vodka, Kahlua, crème de cacao, Baileys, & a shot of espresso, served over in-house made vanilla ice cream	10
HERO DIRT 2oz. Revel Stoke peanut butter whisky, Knob Creek smoked maple whisky, rhubarb syrup, cranberry	12
RUM FLITE Bumbu, Dictador 12, El Dorado 15, Zacapa 23 Solera	0.5oz of each - 16
TEQUILA FLITE El Espolòn blanco, Teremana reposado (Dwayne Johnson), Don Julio anejo, Casamigos anejo (George Clooney)	0.5oz of each - 16

WINE BY THE GLASS

SPARKLING

LA VITE VIVISSIMO FRIZZANTE BIANCO	Veneto, Italy	5oz / BTL
N/V SUMAROCCA CAVA RESERVA	Penedes, Spain	7 / NA
		10 / 55

WHITE

2021 FRANCOIS CHIDAIN SAUVIGNON BLANC	Loire Valley, France	5oz / 8oz / BTL
2020 WILD GOOSE PINOT GRIS	Okanagan Falls, BC, Canada	12 / 18 / 60
2017 BUEHLER FAMILY CHARDONNAY	Napa Valley, California, USA	12 / 18 / 60
		14 / 23 / 75

ROSÉ

2021 AMOUR DE L'AMAURIGUE GRENACHE BLEND	Provence, France	5oz / 8oz / BTL
		13 / 20 / 65

RED

2019 St. JOHN CABERNET SAUVIGNON BLEND 'Claret'	Bordeaux, France	5oz / 8oz / BTL
2019 DIEVOLE CHIANTI CLASSICO 'Petrignano'	Tuscany, Italy	12 / 18 / 60
2018 SCORCHED EARTH PINOT NOIR	Southeast Kelowna, Okanagan Valley, BC	14 / 23 / 75
		14 / 23 / 75

WINE BY THE BOTTLE

SPARKLING WINE

N/V SEGURA VIUDAS CAVA	Spain	45
N/V ZONIN PROSECCO DOC CUVÉE 1821 BRUT	Veneto, Italy	50
N/V SUMAROCCA CAVA Brut Reserva	Penedes, Spain	65
2016 TAWSE QUARRY ROAD ROSE	Vinemount Ridge, Ontario	68
N/V BENJAMIN BRIDGE CLASSIQUE	Gaspereau Valley, Nova Scotia	75
N/V ROEDERER ESTATE	Anderson Valley, United States	75
2015 TANTALUS BLANC DE NOIR	Okanagan Valley, Canada	89
N/V COLLARD PICARD PRESTIGE	Champagne, France	135
N/V VEUVE CLICQUOT	Rosé Champagne, France	210

ROSÉ WINE

2019 HAYWIRE	Okanagan Valley, Canada	58
2021 AMOUR DE L'AMAURIGUE GRENACHE BLEND	Provence, France	65
2021 WHISPERING ANGEL ROSÉ	Provence, France	80

WHITE WINE BY THE BOTTLE

PINOT GRIGIO & CHENIN BLANC

2020 NICHOL VINEYARD PINOT GRIS Okanagan Valley, Canada	65
2020 CHATEAU PURCARI PINOT GRIGIO South Eastern, Moldova	70
2020 WILLM PINOT GRIS 'Reserve' Alsace, France	55
2021 CHATEAU SURONDE CHENIN BLANC 'Anjou' Loire, France	60

RIESLING

2020 WILD GOOSE Okanagan Falls, BC, Canada	65
2014 MAIN DIVIDE Waipara, New Zealand	50
2018 DR. ZENZEN 1636 HOCHGEWACHS Mosel, Germany	55
2016 WILLI SCHAEFER GRAACHER DOMPROBST KABINETT Mosel, Germany	85
2015 VON KESSELSTATT Scharzhofberger Spätlese Mosel, Germany	85

GEWÜRZTRAMINER

2021 SUMAC RIDGE Okanagan Valley, Canada	50
2016 MAURICE SCHOECH Alsace, France	75

SAUVIGNON BLANC & VIOGNIER

2019 FRANCOIS CHIDAIN SAUVIGNON BLANC Loire, France	60
2018 WATERKLOOF SAUVIGNON BLANC 'Circumstance' Stellenbosch, South Africa	65
2018 CHÂTEAU DE FONTAINE AUDON SAUVIGNON BLANC 'Sancerre' Loire, France	80
2019 CABLE BAY VIOGNIER Marlborough, New Zealand	70

CHARDONNAY

2019 UPPER BENCH Okanagan Valley, Canada	68
2019 NOBLE RIDGE RESERVE VQA Okanagan Valley, Canada	75
2019 CHRISTOPHE CHABLIS MONT DE MILIEU Burgundy, France	85
2017 VICTORIA PARK South Australia, Australia	50
2018 BUEHLER FAMILY Napa Valley, California, USA	75

WHITES OF INTEREST

2013 RABL KÄFERBERG GRUNER VELTLINER Kamptal, Austria	68
2020 DAFNI PSARADES WHITE DAFNI Crete, Greece	70
2020 COLPETRONE GRECHETTO Umbria, Italy	60

RED WINE BY THE BOTTLE

PINOT NOIR

2020 MEYER FAMILY Okanagan Valley, Canada	65
2020 HAYWIRE Summerland, Okanagan Valley, BC	70
2019 50TH PARALLEL Okanagan Valley, Canada	90
2020 DOMAINE d'EDOUARD BOURGOGNE Auxerre, Burgundy, France	90
2019 GOUFFIER MERCUREY 1er Cru 'Clos L'Éveque' Burgundy, France	128
2018 BIG FIRE Oregon, United States	70
2019 COIL WINES 'Signal Ridge Vineyard' Napa Valley, California, USA	185
2019 TRENTHAM RESERVE Tasmania, Australia	80

GAMAY

2017 HAYWIRE 'Secret Mountain Vineyard' Okanagan Valley, Canada	69
2015 GEORGE DESCOMBES MORGON 'Vieilles Vignes' Burgundy, France	95

CABERNET FRANC

2019 DOMAIN LANGLOIS-CHATEAU Saumur, France	75
2020 STRATUS VINEYARDS Niagara Peninsula, Ontario, Canada	120

MERLOT/MALBEC

2015 CHATEAU BOUSCAT Merlot Blend 'Caduce' Bordeaux Superieure, France	55
2012 SCHIOPETTO RIVAROSSA Venezia Giulia, Italy	95
2019 CHATEAU LA VIEILLE CURE Merlot Blend Fronsac, Bordeaux, France	125
2016 OSOYOOS LAROSE GRAND VIN Okanagan Valley, Canada	125
2013 DELILLE CELLARS D2 Columbia Valley, United States	135
2016 CHATEAU TRONQUOY LALANDE Merlot Blend St. Emilion, Bordeaux Franc	155
2020 BODEGA SOTTANO Malbec 'Reserva' Lujan de Cujo, Mendoza, Argentina	75

ZINFANDEL

2018 HARTFORD OLD VINE Russian River Valley, United States	115
2017 PEACHY CANYON 'Westside' Paso Robles, United States	75

RED WINE BY THE BOTTLE

SYRAH & GRENACHE

2020 ALKOOMI SHIRAZ Frankland River, Western Australia	58
2019 EMILIANA SYRAH BLEND 'Coyam' Colchagua Valley, Chile	60
2018 CHATEAU CESSERAS GRENACHE BLEND 'Cuvee Orliv' Minervois, Languedoc Rousillon, France	70
2017 D'ARENBERG GRENACHE 'The Custodian' McLaren Vale, Australia	78
2016 LOWER EAST SYRAH Columbia Valley, United States	85
2018 GUIGAL SYRAH 'Hermitage' Rhône Valley, France	125
2005 BRUNEL CHÂTEAUNEUF-DU-PAPE 'Cuvée Centenaire les Cailloux' Rhône Valley, France	290

CABERNET SAUVIGNON

2018 VIÑA COBOS FELINO Mendoza, Argentina	65
2020 TRUCHARD FAMILY Carneros, Napa Valley, California	90
2019 REQUIEM Columbia Valley, United States	90
2018 CLOS FLORIDENE Cabernet Sauvignon Blend Graves, Bordeaux, France	110
2014 MATTHIASSEN Napa Valley, United States	165
2010 LA LAGUNE HAUT-MÉDOC Bordeaux, France	175
2014 CHATEAU MALARTIC LAGRAVIÈRE Cab Blend, Pessac-Leognan, Bordeaux, France	210
2017 CHATEAU CANTENAC BROWN Cabernet Sauvignon Blend, Margaux, Bordeaux, France	240

SPAIN

2017 LAN CRIANZA Rioja, Spain	55
2018 TENTENUBLO XÉRICO Rioja, Spain	75
2020 BODEGAS TEMPORE OLD VINES GARNACHA 'Essenzia' Bajo Aragon, Spain	60

RED WINE BY THE BOTTLE

ITALY

2019 ROCCA DI MONTEGROSSI CHIANTI CLASSICO Tuscany, Italy	65
2020 LA PODERINA ROSSO di TOSCANA Tuscany, Italy	65
2019 DIEVOLE CHIANTI CLASSICO 'Petignano' Tuscany, Italy	75
2018 FATTORIA DEL CERRO VINO NOBILE di MONTEPULCIANO 'Silineo' Tuscany, Italy	85
2016 FATTORIA DEL CERRO VINO NOBILE di MONTEPULCIANO 'Riserva' Tuscany, Italy	105
2016 FATTORIA CERRO VINO NOBILE di MONTEPULCIANO 'Antica Chiusina Riserva' Tuscany, Italy	155
2016 LA PODERINA BRUNELLO di MONTALCINO Tuscany, Italy	120
2020 RENATO RATTI BARBERA D'ASTI Piedmont, Italy	70
2017 LA CAPUCCINA NEBBIOLO 'Opera 32' Piedmont, Italy	100
2017 DAMILANO BAROLO 'Le Cinquevigne' Piedmont, Italy	160
2015 VILLA MATILDE AGLIANICO Campania, Italy	65
2017 GIUSEPPE CAMPAGNOLA AMARONE Veneto, Italy	95
2013 COLPETRONE MONTEFALCO SAGRANTINO 'Memoria' Umbria, Italy	95
2018 FEUDI DI SAN GREGORIO PRIMITIVO Manduria, Italy	65

THE

PROW

FOOD + DRINK

BEER & CIDER

DRAFT

12 oz. / Pint (16 oz.) / 20 oz. / Pitcher 60 oz.

'WHAT THE HUCK' BERRY ALE (5%) - FERNIE BREWING CO.	Fernie, British Columbia	7 / 9 / 11 / 27
MISTY MOUNTAIN HOPS IPA (6.4%) - CANMORE BREWING CO.	Canmore, Alberta	7 / 9 / 11 / 27
LODGE 1383 (5.6%) - BANFF AVE. BREWING CO.	Banff, Alberta	7 / 9 / 11 / 27
LAWN CHAIR LAGER (5%) - GRIZZLY PAW BREWING.	Canmore, Alberta	7 / 9 / 11 / 27
LONETREE APPLE CIDER (5%) - LONETREE CIDER CO.	British Columbia	7 / 9 / 11
DRAFT FLITE	4 x 5oz. Sampler of the current Draft Beer selections	15
SAMPLE SIZES 5 OZ. OF ANY DRAFT BEER OR CIDER		3.75

ALBERTA & BC CRAFT BEERS

355ml Bottles / Cans

BLACK PILSNER	Banff, Alberta	9
POWDER HOUND BLONDE ALE	Canmore, Alberta	9
RUTTING ELK RED ALE	Canmore, Alberta	9
GRUMPY BEAR HONEY WHEAT	Canmore, Alberta	9
BEAVERTAIL RASPBERRY ALE	Canmore, Alberta	9
PROJECT 9 PILSNER	Fernie, BC	9

ALBERTA & BC CRAFT BEERS

473 ml Bottles / Cans

TEN PEAK PALE ALE	Canmore, Alberta	10
RAILWAY AVE RYE IPA	Canmore, Alberta	10
STRAIGHT LINE WHITE BELGIAN-STYLE WITBIER	Fernie, British Columbia	10
RAILYARD BREWING NITRO STOUT	Calgary, Alberta	10
AP WHITE RAVEN IPA	Yellowhead, Alberta	10
AP BLACK SPRUCE PORTER	Yellowhead, Alberta	10
OKANAGAN HARVEST PEAR	Kelowna, British Columbia	10
LEMON SHANDY	Canmore, Alberta	10

IMPORTED BEERS

355ml Bottles

CORONA	Mexico	8
PILSNER URQUELL	Czech Republic	8

SPECIAL

473ml Cans

EL CABALLERO	Canmore, AB	12
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NON-ALCOHOLIC

COTTON CANDY LEMONADE - Monin Blue Cotton Candy, Fresh Lemon Juice, Soda	4.50
MOUNTAIN BREEZE - Rhubarb Syrup, Lemongrass Syrup, Citric Lime, Soda	4.50
PASSIONATE - Monin Elderflower, Monin Passion Fruit, Mint, Basil Seeds, Soda.	4.50
BEACH DAY - Monin Mango, Monin Guava, Mint, Citric Lime, Soda.	4.50
AFFOGATO - Double Espresso, served over Vanilla Ice Cream.	5

*A selection of Coffees, Teas, Soft Drinks, and Juices are also available.

THE
PROW
FOOD + DRINK

SINGLE PITCH (1.5 oz.)

12

THAI'D OFF - Colada Twist

Coconut Rum, Mango Syrup, Coconut Milk, Pineapple Juice.
No Beach... no problem. A mango colada to feel a little bit tropical.

NORTHERN LIGHTS - Aquavit Cocktail

Linie Aquavit Original, Fresh Apple Juice, Maple Syrup, Rosehip Bitters.
Unique, Beautiful, Refreshing. Juiced to order. No more words required.

LEAD CLIMB - Affogato Cocktail

Infused Espresso-Vanilla Vodka, Kahlua, Crème de Cacao, Baileys, Espresso, Vanilla Ice Cream.
Caffeine & dessert sorted.

FEED ZONE - Cosmopolitan Twist

Finlandia Vodka, Peach Schnapps, Cranberry Syrup, Lemon Juice, Blood Orange Bitters.
Bonked? Park in and get ready for another downstroke.

CLIMB ON - Vodka Shaft

Infused Espresso-Vanilla Vodka, Kahlua, Crème de Cacao, Baileys, Almond Milk, Espresso.
Charged up...enjoy your hike, ride, or climb.

10

MULTI-PITCH (2 oz.)

14

RUFOUS - Dark Rum Cocktail

Gosling's Black Seal Rum, Aperol, Pineapple Juice, Citric Lime, Cane Sugar Syrup, Bitters.
Feeling Seally? We've got you covered.

OVER THE PROW - Reposado Margarita

Corralejo Reposado Tequila, Cointreau, Agave Syrup, Citric Lime, Butterfly Pea Berry Syrup.
Straight forward, and Classic.

BLACKBEARY 2.0

Wild Life Vodka, Cointreau, Lemon Juice, Monin Blackcurrant, Basil, Soda.
The next generation of our original BlackBear-y.

ESMERALDA - Gin & Lemongrass Cocktail

Empress Gin, St. Germain Elderflower, Lemongrass Syrup, Mint, Citric Lime, Butterfly Pea Berry Syrup, Soda.
A touch of South-East Asian flavour, and a nod to our Sister CRMR property, Emerald Lake Lodge in Field, BC.

OH, DEER - Old Fashioned-ish

El Dorado 15 Year Rum, Makers Mark Bourbon, Mocha Syrup, Bitters.
A twist on an Old Fashioned, and a shout out to another Sister CRMR Property, Deer Lodge, in Lake Louise, AB.

RUMDLE COLADA - Colada Twist

Bumbu Rum, Coconut Rum, Coconut Milk, Pineapple Juice.
A reference to Mount Rundle, Banff's iconic giant.

HERO DIRT - Whisky PB&J Cocktail

Revel Stoke Peanut Butter Whisky, Knob Creek Smoked Maple, Rhubarb Syrup, Cranberry Juice.
Hero Dirt... the stuff of dreams for Mountain Bikers.

BANFFHATTAN - Manhattan Twist

Makers Mark Bourbon, Boulard Calvados, Martini Rosso Vermouth, Bitters.
Anytime is a good time for our twist on a Classic.

CARA-BEANER - Espresso Martini

Espresso infused House Tequila, Park Distillery Vanilla Vodka, Kahlua, Crème de Cacao, Baileys, Almond Milk, Espresso.
Old school, but with house made Espresso Tequila & Park Vanilla Vodka leading the route on this one.

SUMMER SPECIALS (2 oz.)

15

GRAVITY CHECK- Blended Cocktail

Bombay Sapphire Gin, Limoncello, Monin Mango, Lemon Juice.
Sun out - Check, Slushie in Hand - Check, Gravity - ??.

YUM, YUM, YUM, - Blue Twist on a Classic

Flor De Cana Secco Rum, Curacao Blue, Citric Lime, Monin Kiwi, Lime, Mint, Soda.
I'd give you one, but I already drank it Me want to try!

FEATURE PROW SANGRIAS - 6oz glass / 33oz bottle (servers up to 6 glasses)

16 / 75

Red - Malibu Rum, Crème de Cassis, Orange Juice, Fruit.

Pink - Triple Sec, St. Germain Elderflower, Cranberry Juice, Fruit.

White - Peach Schnapps, Passion Fruit Liqueur, Citrus - Peach Juice, Fruit.

Nothing defines Summer better than Sunshine, Patio, and cold Wine Cocktails. All kinds based on availability.

BLASTS FROM THE PAST**SLEEPING BUFFALO COCKTAIL (3 oz.)**

14

Makers Mark Bourbon, Dubonnet, Courvoisier VS, Amaretto.
A favourite from our previous venue, Sleeping Buffalo Restaurant & Lounge.

THE PROW CAESAR (1.5 oz.)

13

Vodka, Clamato Juice, Pickle Juice, Red Wine, Bison Jerky and all the Fixins.

WILD LIFE MULE (1.5 oz.)

12

Wild Life Distillery Vodka, Mule Syrup, Fresh Lime, Blood Orange Bitters, Soda.

TASTINGS

These rums won't come with cola, and these tequilas won't come with salt & lemon.

An opportunity to try a selection of rums and tequilas, served straight up, to highlight their flavours.

RUM Flite (0.5 oz. OF EACH)

16

Bumbu, Dictador 12, El Dorado 15, Zacapa 23 Solera.

TEQUILA Flite (0.5 oz. OF EACH)

16

El Espolòn Blanco, Teremana Reposado (Dwayne Johnson), Don Julio Anejo, Casamigos Anejo (George Clooney).